



safe on social
education and consulting

www.safeonsocial.com



Top 20 Tips for safe use of Instagram

1. Set your account to private so that only your approved followers can see your posts and interact with you.
2. Be careful about what personal information you share on your profile, including your full name, location, phone number, and email address.
3. Be cautious about accepting friend requests or following users you don't know.
4. Avoid clicking on suspicious links, even if they're sent by someone you know.
5. Use a strong, unique password and enable two-factor authentication to protect your account from hackers.
6. Don't share your Instagram login information with anyone, including friends and family members.
7. Be careful about the content you post and make sure it doesn't reveal too much about your personal life.
8. Don't post photos or videos that contain sensitive or confidential information, such as financial or medical information.
9. Report any suspicious or abusive behaviour to Instagram immediately.
10. Be careful about sharing your location or checking in to places, as it can reveal your whereabouts to strangers.
11. Don't respond to direct messages from people you don't know or trust, and report any spam or harassing messages.
12. Use the "hide story from" feature to block specific users from viewing your stories.
13. Use the "restrict" feature to limit the interactions of people who are bothering you without blocking them.
14. Be wary of fake accounts that impersonate celebrities or other public figures and ask for personal information or money.

15. Don't download any third-party apps or software that promise to give you more followers or likes, as they may compromise your account security.
16. Don't engage in cyberbullying or harassing behaviour towards other users.
17. Be mindful of the photos and comments you leave on other users' posts, as they can reflect on your own reputation.
18. Check your privacy settings regularly to make sure they're up to date and in line with your preferences.
19. Use Instagram's filters and moderation tools to block out offensive or unwanted comments on your posts.
20. Educate yourself on Instagram's community guidelines and terms of service to avoid violating any rules or policies.

www.safeonsocial.com

No part of this e-book/cheat sheet or its associated modules may be reproduced or transmitted by any person or entity in any for by any means, electronic or otherwise including photocopying, recording or scanning or by any information storage without prior permission from Safe on Social Media Pty Ltd other than the licensor who is licensed to use this information in newsletters and in print and has been granted permission from the publisher under an annual license. The publisher, authors, licensee, licensor and their respective employees or agents will not accept responsibility for injuries or damage, physical or emotional occasioned to any person as a result of a social media use or any other activities described in this e-book/cheat sheet. very attempt has been made to ensure that the information in this e-book/cheat sheet is accurate, it is the nature of social media to be constantly changing. Therefore, Safe on Social Media Pty Ltd gives no guarantees and accepts no responsibility to the completeness or accuracy of the contents of this guide.